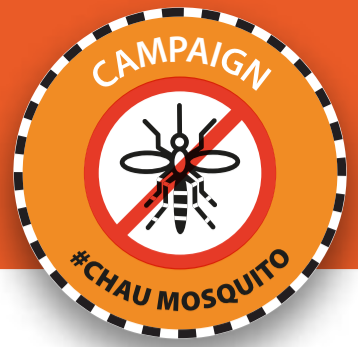








DENGUE Y CHIKUNGUNYA



If we have symptoms compatible with dengue or chikungunya fever...

It is important to notify Health authorities and also to our relatives and neighbors, because that means the virus and the mosquito are circulating in the area.

THE MOST COMMON SYMPTOMS ARE:

-  Between 3 and 14 days after the bite the infected mosquito develops a high fever (more than 38.5 °C).
-  Pain behind the eyeballs.
-  Very intense headache.
-  Nausea, vomiting and diarrhea.
-  Muscle and joint pain.
-  Rash.

Given these symptoms, it is important to stay away from mosquitoes to avoid transmitting viruses.

DENGUE AND CHIKUNGUNYA FEVER ARE VIRAL DISEASES. THEY REQUIRE FOR REST, HYDRATION AND RELAXATION. NEVER TAKE ASPIRINS OR SELF-MEDICATE, YOU CAN TAKE PARACETAMOL TO LOWER FEVER. ALWAYS CONSULT YOUR PHYSICIAN.